Comprehensive Aesthetic and Restorative Dentistry

10 Day Hands-on Course
(Phantom Head)

10 days from Jan – July 2016
Thursday group and Friday group

With Dr Basil Mizrahi

2016
Course Information
Comprehensive Aesthetic and Restorative Dentistry

This course is the cornerstone of our teaching programme and covers the main aspects of day to day clinical practice. It is an intense and comprehensive 10 day course running over 6 months from January to July. Delegates will focus on practical, hands-on aspects and carry out all procedures discussed. The days are split into approximately 30% seminar and 70% hands-on.

- Morning seminars make use of recent and relevant scientific literature as well as Dr Mizrahi’s extensive collection of treatment slides and videos
- Afternoon sessions consist of practical exercises underlined by discussions of cases treated by Dr Mizrahi
- Delegates are encouraged to bring in cases to discuss

This course is now in its 10th year running. It is tailored for practising dentists wishing to gain skills and confidence in treating restorative and aesthetic cases. The teaching is delivered personally by Dr Basil Mizrahi in his unique, in-practice integrated teaching centre with state-of-the-art Dental and AV Equipment.

Delegate numbers are limited to no more than 8 ensuring an intimate and constructive learning environment. Throughout duration of the course, delegates will receive support and mentoring from Dr Mizrahi. Upon completion of the course, all delegates will be eligible to join an exclusive Alumni Network allowing them to continue learning through further courses e.g. study clubs, masterclasses and live patient treatments.

Relevant articles and lecture notes are distributed prior to each day.

The course provides 60 hours of verifiable CPD points.

Read a testimonial from one of our last year’s delegate:

“One of the best courses I have attended in 10yrs - shows you how we should all be doing dentistry!!
Basil strives on perfection and has achieved a dream but after doing the course it is easy to see why! Quality does not come cheap and Basil does not compromise in any aspect of what he does, even the hospitality was second to none.
The course may seem expensive compared to others as may Basil's fees but do the course and it is easy to see why! The service, expertise, hospitality and clinical excellence experienced over the last 4 days actually made it one of the best value courses I have done!! Thanks again”

Dr Miraj Patel
Course Dates 2016

During 2016, we will run two groups: Friday group and Thursday group. Both groups are limited to 8 dentists only and places are allocated on a first come first served basis.

**FRIDAY Group dates:**

Day 1: Friday 22\textsuperscript{nd} January  
Treatment planning and Smile design

Day 2 & Day 3: Friday 5\textsuperscript{th} February and Friday 26\textsuperscript{th} February  
Crowns and temporary Crowns

Day 4 & Day 5: Friday 11\textsuperscript{th} March and Friday 1\textsuperscript{st} April  
Veneers and temporary Veneers

Day 6: Friday 8\textsuperscript{th} April  
Occlusion and related clinical records

Day 7: Friday 6\textsuperscript{th} May  
Worn Dentition and Posterior onlays

Day 8: Friday 20\textsuperscript{th} May  
Anterior composites

Day 9: Friday 10\textsuperscript{th} June  
Photography and Digital Smile Design

Day 10: Friday 24\textsuperscript{th} June (lectures only)  
Impressions, Post and Cores, Treatment of Complex Cases

**THURSDAY Group dates:**

Day 1: Thursday 21\textsuperscript{st} January  
Treatment planning and Smile design

Day 2 & Day 3: Thursday 4\textsuperscript{th} February and Thursday 25\textsuperscript{th} February  
Crowns and temporary Crowns

Day 4 & Day 5: Thursday 10\textsuperscript{th} March and Thursday 31\textsuperscript{st} March  
Veneers and temporary Veneers

Day 6: Thursday 7\textsuperscript{th} April  
Occlusion and related clinical records
Day 7: Thursday 5th May
   Worn Dentition and Posterior onlays
Day 8: Thursday 19th May
   Anterior composites
Day 9: Thursday 9th June
   Photography and Digital Smile Design
Day 10: Thursday 23rd June (lectures only)
   Impressions, Post and Cores, Treatment of Complex Cases
Day 1 - Treatment Planning, Smile Analysis and Tooth Morphology

Content

• How to systematically treatment plan a case in a logical and sequential manner allowing for control of the case at all time - including time requirements and fee setting.

• Smile analysis. Learn to recognise what can and can’t be improved on in a smile and what type of treatment will be needed. Natural aesthetics vs Artificial cosmetics.

• Gingival aesthetics including biologic width, osseous vs gingival surgery and gummy smiles.

• Understand and learn about anterior tooth morphology so you know how to get the best out of your technician

Practical exercises

Waxing up anterior teeth and with a focus on learning the details of anterior tooth morphology
Days 2 + 3 - Anterior Crowns and Temporisation

Content

• Understanding the differences between various all-ceramic crowns
• Indications and contra-indications for different types of all-ceramic crowns
• Different types of tooth preparation for different types of crowns
• Cementation and bonding techniques, protocols and materials
• Temporisation - what materials work best. Acrylic resin vs Bis-acryl
• Improve your temporaries and start treating more complex cases
• Laboratory provisionals
• How to get perfect margins and create healthy gingivae with your temporaries

Practical exercises (on phantom heads)

• Preparation of 2 anterior teeth - different preparation designs
• Temporisation of 2 anterior teeth using a combination of bis-acryl and acrylic resin. Focus will be on learning how to improve and modify the shape of your temporaries to achieve good aesthetic morphology and precise margins
• Remargination techniques to obtain optimal tissue health and better impressions
Days 4 + 5 Porcelain Veneers and Temporisation

Content
- Indications and contra-indications for porcelain veneers
- Different modalities of preparing teeth for porcelain veneers
- Choice of materials for veneers
- Failures and how to avoid them
- Temporisation – predictable and aesthetic temporaries
- Cementation – materials, techniques and protocols

Practical exercises (on phantom heads)
- Mock-up and preparation through mock-up
- Silicone preparation guides (horizontal and vertical)
- Preparation of 4 anterior teeth – different preparation designs
- Immediate dentine sealing
- Fabrication of temporary veneers
- Impression taking
- Veneer cementation under rubber dam
Day 6 - Occlusion and Clinical Records

Content

• Simplifying occlusion and understanding how occlusion affects treatment of different cases. When it’s important and when it’s not.
• Facebows – different types and their limitations
• Bite registration records – different techniques and their pros and cons
• Centric relation vs maximum intercuspation. Which one should we use when
• Changes in Vertical dimension. How to use it to improve treatment results
• Bite verification records – ensuring there is correlation between the mouth and the articulator

Practical exercises

• Make a Lucier jig and take a centric relation bite record
• Take a facebow
• Delegates will compare their actual intra-oral contacts with those on a set of their mounted study casts and see the discrepancies and learn their relevance and how to correct them.
• Occlusal equilibration on mounted study casts to match intra-oral contacts. This leads to less chairside adjustment when final crowns are fitted.
• Learn to do an occlusal adjustment on study casts as a precursor to intra-oral occlusal adjustment.
Day 7 - Worn Teeth and Posterior onlays

Content

• Different types of wear : localised anterior vs generalised.
• How to treat these different types of wear cases
• The Dahl principle – where is useful and where it’s not
• Veneers on worn teeth ??
• Posterior onlays – composite vs ceramic
• Tooth preparation for posterior onlays
• How to cement posterior onlays – materials, techniques and protocols
• Immediate dentine sealing (IDS)

Practical exercises

• Preparation of a posterior onlay
• Rubber dam application for cementation
Day 8 - Dental Photography and Digital Smile Design

Content

• Understand the workings and settings of a camera so you have the confidence and ability to adjust your camera settings when needed
• How to take a good set of intra-oral photographs
• The benefits and uses of dental photographs
• What to look for when choosing a dental camera system
• Integrating your photographs into your practice.

Practical exercises

• Take and assess set of clinical photographs on each other
• Make a case presentation using Powerpoint
• Use PowerPoint to analyse a smile and plan changes. An invaluable tool for communicating with your technician.

Spare dental cameras will be available on the day for those who do not yet have their own cameras.
Delegates will need to bring in a laptop with MS Powerpoint
Day 9 - Anterior composites

Content

• Indications and benefits for direct verses indirect composite
• Understanding the layering technique and how to apply it
• Improving the aesthetics and longevity of direct composite
• Bonding agents – understanding the differences and how to use them

Practical exercises

• Build-up of a fractured central incisor using the layering technique.
• Finishing and texturing.
Day 10 (lectures only)

Impressions, Post and Cores, Treatment of Complex Cases

Content

- There will be a lecture on impressions covering:
  - Retraction techniques
  - Impression materials
  - Impression making techniques

- There will be a lecture on post and cores covering:
  - When is a post needed
  - Direct vs Indirect
  - Tooth coloured vs metal
  - Techniques for indirect posts

- Dr Mizrahi will present and discuss detailed treatment of complex cases he has treated. Step by step details of all stages will be shown and discussed. Delegates will be encouraged to ask questions and participate in the discussion to ensure the day is an invaluable clinical learning experience.

- Delegates will be encouraged to bring in and present cases they have treated or are busy treating.
Notes

Although not essential, delegates will benefit from either having access to or owning

- Digital SLR camera
- A laptop computer with MS PowerPoint

Because of the small and personal nature of the course, it will also be possible to discuss other topics. In addition you will be encouraged to bring in cases of your own to discuss or get advice on. Extensive use of high quality videos showing live procedures will be made.

Each day, the session starts at 9.30am and finishes at 4.30pm

Catering: Hot lunch and teas will be provided on all days

Lecture notes and reading material are included and will be distributed prior to each day.

Course Venue

The course sessions are held at Dr Mizrahi’s integrated practice and teaching facility at

38 Harmont House
20 Harley Street (entr Queen Anne St)
London, W1G 9PJ

The practice is located in Harmont House which is on the corner of Harley and Queen Anne Street with the entrance in Queen Anne Street. The closest underground is Oxford Circus or Bond Street. Once in the Harmont House, take the lift to the 4th floor, then exit on 4th floor, turn right, walk through the wooden door and then up two small flights of stairs to 5th floor.
Payment Terms & Conditions

Cost
The cost for the 10 day course is £6,000 + VAT (£7,200).

Deposit
To book your place on the course, a non-refundable deposit of £600+VAT (£720) is required.

Discounts offered
£250 early bird discount if booked before 1st July
£250 full pre-payment discount if paid in full before 31st December
(Both discounts can be used when booking early and pre-paying in full)

Methods of payment
We can offer payments in 6 monthly instalments from January to June payable by direct debit on or before 25th of each month. Amount payable each month is £1,080.

Payment can be made by online banking or by cheque.

If paying by online banking, send payments to:
Account Number: 20591268
Sort Code: 56 00 03
Account Name: Mizrahi Dental Teaching,
NatWest Bank, St. James & Piccadilly Branch
Please quote your name as a reference.

If paying by cheque, please make cheque payable to “Mizrahi Dental Teaching” and post to 38 Harmont House, 20 Harley Street, London, W1G 9PJ.

For international delegates only, on request, we can offer PayPal payments with 4% surcharge.

Booking conditions
All bookings are taken on a first come first served basis.

All bookings are conditional upon receipt of a non-refundable deposit.

Due to limited spaces available on our courses, attendance on all booked days is expected and payments are non-refundable.

In the unlikely event of cancellation of a course by us, we will endeavour to inform all delegates 2 months before the course date. All course fees will be reimbursed in full.
Application Form

Please complete the application form and email us on info@mizrahi-dental-teaching.co.uk or post it to 38 Harmont House, 20 Harley Street, London, W1G 9PJ

APPLICATION FORM FOR DR BASIL MIZRAHI
COMPREHENSIVE AESTHETIC AND RESTORATIVE DENTISTRY COURSE 2016

DATE OF APPLICATION: ______________

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How did you hear about Mizrahi Dental Teaching?

Please outline below any additional areas you would like covered on the course

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