Comprehensive Aesthetic and Restorative Dentistry

Hands-on Course, 12 Days

Feb – Nov 2018 (complete)

With Dr Basil Mizrahi

2018
Course Information

Comprehensive Aesthetic and Restorative Dentistry
This course is the cornerstone of our teaching programme and covers the main aspects of day to day clinical practice. It is an intense and comprehensive 12 day course running over a year. Delegates will focus on practical, hands-on aspects and carry out all procedures discussed. The days are split into approximately 40% seminar and 60% hands-on.

- Morning seminars make use of recent and relevant scientific literature as well as Dr Mizrahi’s extensive collection of treatment slides and videos
- Afternoon sessions consist of practical exercises underlined by discussions of cases treated by Dr Mizrahi
- Delegates are encouraged to bring in cases to discuss

This course is now in its 12th year running. It is tailored for practising dentists wishing to gain skills and confidence in treating restorative and aesthetic cases. The teaching is delivered personally by Dr Basil Mizrahi in his unique, in-practice integrated teaching centre with state-of-the-art Dental and AV Equipment.

Delegate numbers are limited to no more than 8 ensuring an intimate and constructive learning environment. Throughout duration of the course, delegates will receive support and mentoring from Dr Mizrahi. Upon completion of the course, all delegates will be eligible to join an exclusive Alumni Network allowing them to continue learning through further courses e.g. study clubs, masterclasses and live patient treatments.

Relevant articles and lecture notes are distributed prior to each day.

The course provides 72 hours of verifiable CPD points.

**Testimonials from last year’s delegates:**

“Thanks Basil, your course has brought back my enthusiasm for dentistry again. Very inspiring”  
*Sabrina Parmar*

“Fabulously delivered content with great clinical relevance, tips and tricks. Given me a new confidence in aesthetic dentistry. Great team.”  
*Nikita Jivraj*

“Inspiring from start to finish, sad that course has come to an end, could do it all over again.”  
*Adil Lone*

“Great course taught by a truly humble dentist/artist. Totally inspired. 10/10.”  
*Rehan Janjua*

“Those 12 days have been very rewarding and I am really glad I had the opportunity to meet you. The course is up-to date and covers all the areas that I was hoping for. I will definitely recommend the course to my friends. Many thanks to you and of course your great team.”  
*Lampros Flouris*

“Dear Basil, I want to take this opportunity to say thank you for all that you have taught over those 12 days. What I have learnt here changed my dentistry forever. I am honoured to have been thought by you. Many thanks”  
*Karrar Yassin*
Course Dates 2018

The 12 day course can only be booked as a set of 12 days (complete). When booking the complete course, the days cannot be booked individually and are available only as part of the 12 day complete comprehensive course.

All groups are limited to 8 dentists only and places are allocated on a first come first served basis.

12 Day Course Dates

The 12 Day Complete course runs from February to November 2018 and has 2 Groups.

GROUP 1 dates:

Day 1: Thursday 1st Feb

   Treatment planning, Smile design and Anterior Tooth Morphology

Day 2 & Day 3: Thursday 8th Feb and Friday 9th Feb

   Tooth preparation - Crowns and Veneers

Day 4 & Day 5: Thursday 22nd March and Friday 23rd March

   Temporaries – Crowns and Veneers

Day 6 & Day 7: Thursday 26th April and Friday 27th April

   Occlusion, Clinical records and Bite splints (1+2)

Day 8: Friday 1st June

   Worn dentition and Posterior onlays

Day 9: Thurs 7th June

   Occlusion, Clinical records and Bite splints (3)

Day 10: Friday 19th Oct

   Anterior composites

Day 11: Thursday 15th Nov

   Impressions and Post and Cores

Day 12: Friday 30th Nov

   Photography, DSD and Case discussions
GROUP 2 dates:

Day 1: Friday 2nd Feb
   Treatment planning, Smile design and Anterior Tooth Morphology

Day 2 & Day 3: Thursday 22nd Feb and Friday 23rd Feb
   Tooth preparation - Crowns and Veneers

Day 4 & Day 5: Thursday 12th April and Friday 13th April
   Temporaries – Crowns and Veneers

Day 6 & Day 7: Thursday 17th and Friday 18th May
   Occlusion, Clinical records and Bite Splints (1+2)

Day 8: Thursday 31st May
   Worn dentition and Posterior onlays

Day 9: Fri 8th June
   Occlusion, Clinical records and Bite splints (3)

Day 10: Thursday 18th Oct
   Anterior composites

Day 11: Friday 16th Nov
   Impressions and Post and Cores

Day 12: Thurs 29th Nov
   Photography, DSD and Case discussions

Detailed description of each teaching day can be found below.
Day 1 - Treatment Planning, Smile Analysis and Anterior Tooth Morphology

Content

- How to systematically treatment plan a case in a logical and sequential manner allowing for control of the case at all time - including time requirements and fee setting.
- Learn to recognise aesthetic detail that will improve your case results and let you carry out more treatment on fewer patients.
- Smile analysis. Learn to recognise what can and can’t be improved on in a smile and what type of treatment will be needed. Natural aesthetics vs Artificial cosmetics.
- Gingival aesthetics including biologic width, osseous vs gingival surgery and gummy smiles.
- Understand and learn about anterior tooth morphology so you know how to get the best out of your technician.

Practical exercises

- Drawing and waxing-up anterior teeth and with a focus on learning the details of anterior tooth morphology.
A cervical ridge runs through the middle of the labial surface from the incisal edge to the incisal fossa. On the mesial and distal surfaces, there are incisal and incisal ridges, respectively. The incisal ridge is a line of demarcation between the incisal edge and the incisal fossa. The incisal ridge will form depressions between them. These are the lateral incisal ridges. The cervical marginal ridge, the lateral incisal ridge, and the incisal ridge all form a line of demarcation. The cervical marginal ridge is a line of demarcation between the incisal edge and the incisal fossa. The incisal ridge is a line of demarcation between the incisal edge and the incisal fossa. The incisal ridge is a line of demarcation between the incisal edge and the incisal fossa. The incisal ridge is a line of demarcation between the incisal edge and the incisal fossa.
Days 2 and Day 3 – Crowns, Veneers and Temporaries

Content
- Understanding the differences between various all-ceramic crowns
- Indications and contra-indications for different types of all-ceramic crowns
- Different types of tooth preparation for different types of crowns
- Cementation and bonding techniques, protocols and materials
- Temporisation – The importance of mastering temporary crowns if you want to take on more complex cases
- Laboratory provisional – when and how to use them
- How to get perfect margins and create healthy gingivae with your temporaries

Practical exercises (on phantom heads)
- Preparation of an anterior crown - different preparation designs
- Temporary crown using acrylic resin. Focus will be on learning how to improve and modify the shape of your temporaries to achieve good aesthetic morphology and precise margins
- Remargination techniques to obtain optimal tissue health and better impressions
Days 4 and Day 5 – Crowns, Veneers and Temporaries

Content
• Indications and contra-indications for porcelain veneers
• Different modalities of preparing teeth for porcelain veneers
• Choice of materials for veneers
• Failures and how to avoid them
• Temporisation – predictable and aesthetic temporaries
• Cementation – materials, techniques and protocols

Practical exercises (on phantom heads)
• Silicone preparation guides
• Preparation of a veneer – different preparation designs
• Fabrication of temporary veneers
• Veneer cementation under rubber dam
Day 6, Day 7, Day 8 – Occlusion, Clinical records and Bite Splints

(3 days)

This is a unique and comprehensive course designed to give delegates a thorough and clinically relevant understanding of occlusion. Rather than gloss over various confusing and complicated concepts it will start off with the basic nuts and bolts such as occlusal contacts and tooth morphology and build up to more complex aspects such as mandibular movement and occlusal adjustment.

Practical exercises will make use of models and drawings of Mr Janos Mako (Mater technician Hungary).

In addition there will be a detailed discussion to bite splints. Delegates will learn the difference between various types and which one to use when. Each delegate will have the opportunity to fit and adjust a full upper “Michigan” bite splint.

Content

- Simplifying occlusion and understanding how occlusion affects treatment of different cases. When it’s important and when it’s not.
- Facebows – different types and their limitations. Why even use one?
- Bite registration records – different techniques and their pros and cons. When do you need to use them?
- How to shape temporary crowns and posterior composites
- Splints – which ones to use, why and when?
- How to fit and adjust an occlusal splint
- How to adjust an occlusion

Practical exercises

- Make a lucier jig and take a centric relation bite record
- Take a facebow
- Write a laboratory prescription for an occlusal splint
- Draw and learn occlusal contacts and excursive movements
- Sculpt posterior occlusal morphology using plasticine and giant tooth models
- Create a posterior composite with accurate occlusal morphology
- Fit and adjust an occlusal splint
Day 9 - Worn Dentition and Posterior onlays

Content

- Different types of wear: localised anterior vs generalised.
- How to treat these different types of wear cases
- Full mouth adhesive rehabilitation – step by step
- The Dahl principle – where is useful and where it’s not
- Veneers on worn teeth ??
- Posterior onlays – composite vs ceramic
- Tooth preparation for posterior onlays
- How to cement posterior onlays – materials, techniques and protocols
- Immediate dentine sealing (IDS)

Practical exercises

- Preparation of a posterior onlay
Day 10 - Anterior composites

Content

- Tooth preparation
- Invisible and aesthetic composites
- Indications and benefits for direct versus indirect composite
- Understanding the layering technique and how to apply it
- Improving the aesthetics and longevity of direct composite
- Bonding agents – understanding the differences and how to use them

Practical exercises

- Build-up of a fractured central incisor using the layering technique.
- Finishing and texturing.
Day 11

Impressions and Post and Cores

Content

- Impressions
  - How to achieve precise and predictable impressions
  - Retraction techniques
  - Impression materials. How to get the most out of them
  - Impression techniques. Putty wash. 1 stage vs 2 stage, Heavy body + light body
  - Special trays

- Post and cores
  - When is a post needed
  - Direct vs Indirect
  - Tooth coloured vs metal
  - Techniques for indirect posts

Practical exercises

- Building up an indirect post and core in resin
- Impression for a post
- Impression of various preparations
**Day 12 - Dental Photography, Digital Smile Design and Case discussions**

**Content**

- Understand the workings and settings of a camera so you have the confidence and ability to adjust your camera settings when needed
- How to take a good set of intra-oral photographs
- The benefits and uses of dental photographs
- What to look for when choosing a dental camera system
- Integrating your photographs into your practice.

**Practical exercises**

- Take and assess set of clinical photographs on each other
- Learn how to use PowerPoint for DSD
- Use PowerPoint for DSD. Analyse a smile, plan changes and communicate with your technician and patients.

Spare dental cameras will be available on the day for those who do not yet have their own cameras.

Delegates will need to bring in a laptop with MS Powerpoint.
Notes

Because of the small and personal nature of the course, it will also be possible to discuss other topics. In addition you will be encouraged to bring in cases of your own to discuss or get advice on. Extensive use of high quality videos showing live procedures will be made.

Each day, the session starts at 9.30am and finishes at 4.30pm

Catering: Hot lunch and teas will be provided on all days

Lecture notes and reading material are included and will be distributed prior to each day.

Course Venue

The course sessions are held at Dr Mizrahi’s integrated practice and teaching facility at

38 Harmont House
20 Harley Street (entr Queen Anne St)
London, W1G 9PJ

The practice is located in Harmont House which is on the corner of Harley and Queen Anne Street with the entrance in Queen Anne Street. The closest underground is Oxford Circus or Bond Street. Once in the Harmont House, take the lift to the 4th floor, then exit on 4th floor, turn right, walk through the wooden door and then up two small flights of stairs to 5th floor.
Payment Terms & Conditions

The cost for all hands-on courses is £600+VAT per day. Lunch, teas, coffees and snacks will be provided on each day.

The cost for the 12 day course is £7,200 + VAT (£8,640)

Deposit

To book your place on the course, a non-refundable deposit of £600+VAT (£720) is required.

Discounts offered

Group bookings of 2 or more delegates will qualify for 10% discount

£250 full pre-payment discount if paid in full before 31st December

Methods of payment

We offer payments in 10 monthly instalments from January to October payable by direct debit on or before 25th of each month. Amount payable each month is £792.

How to pay

Payment can be made by online banking or by cheque.

If paying by online banking, send payments to:
   Account Number: 20591268
   Sort Code: 56 00 03
   Account Name: Mizrahi Dental Teaching,
   NatWest Bank, St. James & Piccadilly Branch
   Please quote your name as a reference.

If paying by cheque, please make cheque payable to “Mizrahi Dental Teaching” and post to 38 Harmont House, 20 Harley Street, London, W1G 9PJ.

For international delegates only, on request, we can offer PayPal payments with 4% surcharge.

Booking conditions

All bookings are taken on a first come first served basis.

All bookings are conditional upon receipt of a non-refundable deposit.

Due to limited spaces available on our courses, attendance on all booked days is expected and payments are non-refundable.

In the unlikely event of cancellation of a course by us, we will endeavour to inform all delegates 2 months before the course date. All course fees will be reimbursed in full.
**Application Form**

Please complete the application form and email us on info@mizrahi-dental-teaching.co.uk or post it to 38 Harmont House, 20 Harley Street, London, W1G 9PJ

APPLICATION FORM FOR DR BASIL MIZRAHI
COMPREHENSIVE AESTHETIC AND RESTORATIVE DENTISTRY COURSE 2017

DATE OF APPLICATION: ________________

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GDC registration number:

Address:

Email:

Telephone:

Mobile Work Home

**How did you hear about Mizrahi Dental Teaching?**

Please outline below any additional areas you would like covered on the course

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